

## A1.1 – Empower Starter

### Unit 1 – Hello!

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
1A – Say your name and country	be; I / you / we	Countries	Long/short sounds	—
1B – Talk about people you know	be; he / she / they	Nationalities; this / these	Syllables & word stress	—
1C – Meet and greet new people	—	—	Main stress; Tone	Greeting/meeting people

### Unit 2 – All about me

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
2A – Talk about home town	be: It's / It isn't; possessives	Common adjectives; in / near	/h/	—
2B – Possessions & objects	Plural nouns; have; a / an	Common objects; Numbers 1	/s/ /z/ /ɪz/; Do you...?	—
2C – Ask/give personal info	—	—	Main stress; Tone	Asking/giving personal information

### Unit 3 – Food and drink

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
3A – What you eat/drink	Present simple; I/you/we/they	Food 1	/ɪ/ /i:/	—
3B – Meals	Adverbs of	Food 2; Time	/tʃ/ /ʃ/	—

	frequency	phrases		
3C – Order/pay in café	—	—	Sentence stress	Ordering/paying in a café

### Unit 4 – My life and family

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
4A – Life & family	Present simple; Wh- questions	Common verbs; study	Sentence stress	—
4B – Talk about family	Present simple; he/she/it	Family & people; numbers; How old...?	/əʊ/	—
4C – Ask/talk about photos	—	—	/ʃ/ and /dʒ/	Talking about photos

### Unit 5 – Places

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
5A – Describe a town	there is/are; positive	Places; a few / lots of	/z:/ /ə/	—
5B – Hotels/hostels	there is/are; negatives	Hotels	/ʃ/; word stress	—
5C – Ask/say where places are	—	—	—	Asking/saying where places are

### Unit 6 – Work and routines

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
6A – People's jobs	Present simple; he/she negatives	Jobs	Compound nouns stress	—
6B – Daily routines	Present simple; questions	Daily routine; time	Consonant groups	—

6C – Make/accept offers	—	—	—	Making/accepting offers
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### Unit 7 – Shopping and fashion

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
7A – Clothes to buy	this/that/these/ those	Common objects; prices	/b/ /p/ /g/ /k/	Going shopping
7B – Clothes people wear	Possessive 's; adverbs	Clothes; colours	/f/ and /v/	—
7C – Pay for things	—	—	Joining words	—

### Unit 8 – Past events

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
8A – Past events	Past simple: be	Past time expressions	/ɪ/ /e/	Making/responding suggestions
8B – Describe events	Past simple: positive	Free time activities	/t/ and /d/	—
8C – Respond to suggestions	—	—	Main stress & tone	—

### Unit 9 – Holidays

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
9A – Holiday experiences	Past simple: negative	Transport; go	Letter a	—
9B – Talk about holidays	Past simple: questions	Seasons; weather	Letter o	—
9C – Respond to requests	—	—	Syllables & spelling	Requests

### Unit 10 – Here and now

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
10A – Home	Present continuous	The home; in/on	/ɪ/ & /iː/	—
10B – Where people are	Present continuous: neg/Q	Place phrases	Main stress in questions	—
10C – Travel info	—	—	/ʌ/ and /ə/	Travel info

### Unit 11 – Achievers

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
11A – People’s lives	Object pronouns	Life events; years	/z/	—
11B – Things you know how to do	can for ability	Abilities	can / can’t	—
11C – Opinions	—	—	Consonant groups	Opinions

### Unit 12 – Plans

Lesson & objective	Grammar	Vocabulary	Pronunciation	Everyday English
12A – Future plans	going to (+/-)	Months; time expressions	going to stress	—
12B – Ask about plans	going to: questions	Common verbs/collocations	/w/ & /ʊ/	—
12C – Invitations	—	—	oo sound	Invitations