

B1.1 – Empower B1

Unit 1 – Communicating

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
1A	Question forms	Common adjectives	Syllables and word stress	Greeting people; Ending conversations
1B	Present simple and present continuous	Adverbs	Sentence stress; Long and short vowels	
1C			Sentence stress	
1D				Write a personal email

Unit 2 – Travel and Tourism

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
2A	Past simple	Tourism	-ed endings	
2B	Past continuous	Travel collocations	Sentence stress; Vowel sounds; Connected speech	
2C				Asking for information in a public place
2D				Write a travel blog

Unit 3 – Money

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
3A	Present perfect or past simple	Personal finance; Money	Sound and spelling: /z/	

	with already and yet	and shopping	and /f/	
3B	make/do/give collocations			
3C			Sentence stress	Talking to people in shops; Paying at the till
3D				

Unit 4 – Social Life

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
4A	Present continuous and be going to	Clothes and appearance	Sound and spelling: going to	
4B	will/won't; would/shall	Adjectives: places	Sound and spelling: want and won't	
4C			Sentence stress	Making social arrangements
4D				Write and reply to an invitation

Unit 5 – Work

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
5A	must / have to / can	Work	Word stress	
5B	will and might for predictions	Jobs	Sound and spelling: /f/	
5C			Stressed/unstressed modals; Vowel sounds	Making offers and suggestions

5D

Write a job application

Unit 6 – Problems and Advice

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
6A	Imperative; should	Verbs with dependent prepositions	Sound and spelling: /ʊ/ and /u:/	
6B	Uses of to + infinitive	-ed / -ing adjectives	-ed endings; Word stress	
6C			Main stress	Asking for and giving advice
6D				Write an email giving advice

Unit 7 – Changes

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
7A	Comparatives and superlatives	get collocations		
7B	used to	Health collocations	Sound and spelling: used to / didn't use to	
7C		Health problems and treatments	Intonation for asking questions	Describing symptoms; Showing concern and relief; Doctors' questions
7D				Write a blog about an achievement

Unit 8 – Culture

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
8A	The passive: present simple and past simple	Art, music, and literature	Word stress	
8B	Present perfect with for and since	Sports and leisure activities		
8C			Intonation for continuing or finishing	Apologising; Making and accepting excuses
8D				Write a book review

Unit 9 – Achievements

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
9A	First conditional	Degree subjects; Education collocations	Word groups	
9B	Verb patterns	Verbs followed by to + infinitive / verb + -ing		
9C			Main stress: contrastive	Calling people you don't know; Calling people you know
9D				Write a personal profile

Unit 10 – Values

Lesson	Grammar	Vocabulary	Pronunciation	Everyday
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English

10A	Second conditional	Multi-word verbs	Sentence stress; Vowel sounds	
10B	Quantifiers; too / not enough	Noun formation	Word stress; Sound and spelling: verbs and nouns	
10C			Sentence stress	Returning goods and making complaints
10D				Write an apology email

Unit 11 – Discovery and Invention

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
11A	Defining relative clauses	Compound nouns	Word stress: compound nouns	
11B	Articles	Adverbials; luck and chance	Word stress: adverbials	
11C			Sound and spelling: /əʊ/ and /ɔ:/	Asking for and giving directions in a building
11D				Write a post expressing an opinion

Unit 12 – Characters

Lesson	Grammar	Vocabulary	Pronunciation	Everyday English
12A	Past perfect	Animals	Sound and spelling: /ʌ/,	

/əʊ/, and /aʊ/

12B

Reported
speech

Personality
adjectives

Sentence stress:
that

12C

Main stress:
contrastive

Agreeing and
disagreeing

12D

Write a short
story